Patrick L. Lillard, MD Evans, Georgia plillardmd@gmail.com

Education

Undergraduate:

University of Redlands, Redlands, California Sept. 1958-June 1960, Sept. 1961-June 1962 Major: Chemistry-Biology-History Group; Degree - B.S. June 1962

Chung Chi College, Ma Liu Shui, Hong Kong, BCC June 1960-Sept. 1961; Chemistry-History

Graduate:

Medical: University of Cincinnati College of Medicine Sept. 1962-June 1966 Degree - M.D. June 1966

Literature: Wake Forest University, 1990-1995

Degree - M.A. May 1995

Graduate Medical Education:

Internship:

Los Angeles County USC Medical Center Los Angeles, California June 1966-June 1967 (Straight Medicine)

Residency:

Family Medicine - Santa Monica Hospital Medical Center Santa Monica, California 1970-1971

General Surgery - White Memorial Medical Center, Loma Linda University Los Angeles, California 1971-1972

Neurological Surgery - University of Mississippi Medical Center

Jackson, Mississippi 1972-1977

Psychiatry - University of Virginia, Roanoke-Salem Program Roanoke, Virginia January 1994 to December 1996

Fellowship:

Addiction Psychiatry, Dept. of Psychiatry, Massachusetts General Hospital Boston, Massachusetts July 1, 1996 to June 30, 1997

Board Certification:

American Board of Neurological Surgery, January 1980 American Board of Psychiatry and Neurology, May 1999 #46721 RE-CERTIFICATION American Board of Psychiatry and Neurology March 2009 –December 31, 2019 #46721

Past Appointments/ Positions

Military:

United States Air Force, School of Aerospace Medicine Brooks Air Force Base, San Antonio, Texas July-November 1967

Chief of Aerospace Medicine, Director of Military Public Health, Stewart Air Force Base, Newberg, New York November 1967-November 1968

Flight Surgeon/ Director of Military Public Health, Clark Air Base, Republic of the Philippines, 1968-1970; included one year as assistant on Neurosurgical Service and TDY service in Republic of Vietnam

Academic Appointments:

Assistant Professor of Surgery, Neurosurgery
Medical College of Georgia, Augusta, Georgia July 1977-June 1979
Clinical Director Pain Clinic Medical College of Georgia/Augusta VA Medical Center

Clinical Associate Professor of Neurosurgery, University of Mississippi Medical Center, Jackson, Mississippi June 1979-December 1981 Graduate Assistant - Psychiatry: Harvard Medical School July 1, 1996 to June 30, 1997.

Instructor in Psychiatry, Harvard Medical School: July 1997 to 3/1/2001 Clinical Positions

Psychiatry:

Attending Physician, Addiction Services, Spaulding Rehabilitation Hospital Boston, MA and Attending Psychiatrist, Addiction Services, Massachusetts July 1998; Instructor Harvard Medical School

Clinical Director, Addiction Services, Department of Psychiatry, Massachusetts General Hospital, Boston, MA and Attending Psychiatrist, July 1998 to March 2001; Instructor Harvard Medical School

Psychiatrist in association with Piedmont Treatment Center, Hickory, North Frye Regional Medical Center, Hickory, NC, April 20, 2001 to July 15, 2001

Staff Psychiatrist, Broughton Hospital, Morganton, NC, July 2001 to May 2002

Staff Psychiatrist, Behavioral Health - Residential Treatment Facility (Inpatient Addictions) Eisenhower Army Medical Center, Fort Gordon, Georgia 30905, January 2011 to May 2015

Staff Psychiatrist, Skyland Behavioral Health Associates, Asheville, NC May 2001 - 2010

Staff Psychiatrist, Crossroads Counseling Center - Hickory, NC July 2004 to 2010

Rehabilitation Medicine:

Medical Director, Traumatic Brain Injury Rehabilitation Program Forsyth Memorial Hospital, Winston-Salem, North Carolina Sept. 1987 June 1993.

Associate Medical Director, John C. Whitaker Regional Rehabilitation Center, Winston-Salem, North Carolina Sept. 1987-June 1993; included appointment as Medical Director, October 1990-October 1991.

Neurological Surgery:

Assistant Professor of Surgery, Neurosurgery, Medical College of Georgia, Augusta, Georgia July 1977-June 1979

Staff Neurosurgeon, Eugene Talmadge Memorial Hospital-Veterans Administration Hospital Chief of Neurosurgery Service, VA Hospital, 1978-1979

Director, Pain Clinic: Medical College of Georgia, 1977-1979

Neurosurgical Consultant

Dwight D. Eisenhower Army Medical Center Fort Gordon, Georgia

Veterans Administration Hospital, Dublin, Georgia

Private Practice/Partnership: Neurosurgical Associates

Jackson, Mississippi June 1979-December 1981

Clinical Associate Professor of Neurosurgery, University of Mississippi Medical

Center, Jackson Mississippi

Staff Neurosurgeon:

- University of Mississippi Medical Center
- -Mississippi Baptist Hospital
- -St. Dominic's Hospital
- -Doctor's Hospital
- -River Oaks Hospital
- -Mississippi Crippled Children's Hospital

Consulting Neurosurgeon: Woman's Hospital

Private Practice/Solo and then Partnership: Neurosurgical Associates

Beckley, West Virginia January 1982-June 1987

Staff Neurosurgeon: Raleigh General Hospital, Beckley, West Virginia

Medical Director - Surgical ICU

Aequanimitas, Limited. Founder/ Developer/ Designer: office accommodations for physicians

MDRT, Inc. Founder, Developer - Raleigh Regional Cancer Center

Organizations

American Board of Neurological Surgery-active American Association of Neurological Surgeons American Psychiatric Association Massachusetts Psychiatric Society American Society of Addiction Medicine North Carolina Medical Society North Carolina Psychiatric Society

Medical Licenses

Current - Active
North Carolina 31860
Ohio 35-02-9366
Georgia 18691

Selected Presentations/ Publications

Multiple Intracranial Meningiomas in Four Members of the Same Family. Mississippi Neurosurgical Society, May 1976

Continuous Intracranial Pressure Monitoring: Analysis of the First 75 Cases at the University of Mississippi Medical Center. Mississippi Neurosurgical Society, May 1977

"Transnasal Approach to the Pituitary Gland." Journal of the Mississippi State Medical Association, October 1977, Vol. XVIII, No. 10. 249-252

"Five Years Experience with Penetrating Cranio-Cerebral Gunshot Wounds." Surgical Neurology, Vol. 9, Feb. 1978, 79-83.

Pediatric Congenital Spinal Deformities: West Virginia Pediatric Society,

Beckley, West Virginia, February 1985

"Nadine Gordimer and the Possibilities of Identity." *Voiceprint*, Spring, 1993, 61-75.

"Inviting Your Demons to Tea: A Study of Identity Through the Novels of Nadine Gordimer." Master's Thesis: Wake Forest University, December 1994.

"Anxiety Disorders." Chapter in *Principles of Addiction Medicine, Second Edition*; with David Gastfriend, M.D., Graham A, Schultz,T eds. American Society of Addiction Medicine, Chevy Chase, 1998.

Clinical Symposium: Addiction Psychiatry. Five-part series presented to Massachusetts General Hospital Department of Psychiatry Resident Training Program, 1997-2000:

- 1. Assessment and Brief Interventions
- 2. Stages of Change and Motivational Interviewing
- 3. Acute Alcohol Withdrawal Syndromes and Detoxification
- 4. Opioid Withdrawal and Detoxification
- 5. Benzodiazepine Dependence

A Faustian Choice - The Dilemma of Substance Abuse Relapse in Transplant Patients: UNOS Clinical (Transplant Coordinators), Boston. March 23, 1999

Treating the Addicted Patient With Pain: Addiction Medicine, Harvard Medical School. October 23, 1999, at Harvard Medical School, Boston, MA

"Approach to the Substance Abusing Patient." Chapter in *Primary Care Medicine,* 5th Edition, Patrick L. Lillard, M.D. Goroll, A ed. Lippincott Williams & Wilkins, New York, 2004

"Dancing for Change" 8-hour seminar presentation on Motivational Interviewing in Behavioral Health Care; presented to the Dept. of Behavioral Health, US Army, Fort Benning, Georgia, January 23, 2015.